

# Project SANA : Sporto Adaptita Naturo Nautika



Outdoor Sport and Disability

## Erasmus+ Sport Programme

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Project SANA (for Sporto Adaptita Naturo Nautika), is a « small collaborative partnership » of Erasmus+ Sport Programme. The Executive Agency, responsible for the monitoring of this action, received 370 eligible candidatures and approved 160 of them, among which 5 projects are led by a French partner.

**Departmental Council of Finistère is the only French local community selected on this call.**

It has drawn attention from the experts on the following issues:

- Choice of the topic: sport as a means to develop social inclusion and sport for all (focus on disability);
- Innovative aspect of the activities: label and formation;
- Choice of the partnership: complementary and expert.

## Presentation

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The project gathers the Departmental Council of Finistère (French community) as Project Leader, the Departmental Comity of Disabled Sports of Finistère (CDH29, France), the CIM Alto Minho (Portuguese community) and AGAN plus (Association of Nautical Activities of Galicia, Spain).

The partners identified a common need: **to enhance outdoor sport offer (nautical sports, trekking, biking) for disabled people.**

The objectives of the project are:

- To enhance social inclusion through sport;
- To promote mixing of valid people and disabled people;
- To raise awareness about the importance of physical activity for health and social integration, through a stronger participation of disabled people in sport and equality of the access of sport for all;
- To develop transnational formation or sensitization actions adapted to professionals (monitors, nature guides) but also volunteers (basic knowledge);
- To enhance the visibility of the sportive offer, by organizing and structuring it, thus favouring the attractivity of the territory for specific publics at the European level through the prefiguration of a European disabled sport label.

The project will be designed around four activities enabling networking, exchanges of good practices and experimentation of the tools developed on some field-sites.

- **Management and communication of the project:** this activity gathers European engineering activities and communication of the project for the engineering, implementation and closure of the project, but also the capitalization.
- **Prefiguration of a European label for disabled sport:** the challenge of this part will be to identify what exists, to create requirements

specification (identification of the equipment needed) and to test this label on sites previously identified, relying on the skills of the partners and actors of the territories involved. This label will make the sportive offer for disabled people more visible and will constitute a differentiation tool and will enhance the attractiveness of the territories concerned.

- **Implementation of a sensitization cycle:** this activity will first allow to define the methodology and contents of the pedagogical kit, its format, and then to organize formations for two target groups: the professionals of the activities (sailing monitors, nature guides, ...) and the volunteers, essential in the support of disabled people in sport practice.
- **Realization of a sport event for all in Finistère (France):** this trail will be the high point of this project and will allow to implement the trainings of the professionals and volunteers, to communicate on sport for all. It will take place in September 2019, during the European week of sport.

## Program of the project

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Project SANA will last 24 months between January 2018 and December 2019:

- 4 & 5th of April 2018 – Kick Off Meeting – FINISTÈRE (France)
- October 2018 – 1st Progress Meeting – ALTO-MINHO (Portugal)
- March 2019 – 2nd Progress Meeting – GALICE (Spain)
- September 2019 – Sport event and final meeting Raid – FINISTÈRE (France)